
Test Chairs Timing Guide - Suggestion from an Evaluator

Free Skate Tests

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| ➤ Preliminary (Elements) | 20 minutes which includes a 5 minute warm up |
| ➤ Junior Bronze (Elements) | 25 minutes which includes a 5 minute warm up |
| ➤ Preliminary(Program) | 3 minutes per candidate |
| ➤ Junior Bronze (Program) | 4 minutes per candidate |
| ➤ Warm up time for the above | 5 minutes for each category |

Preliminary and Junior Bronze candidates for both elements and programs may be combined for warm up, not to exceed 6 candidates on the ice at one time.

Where possible please consider Preliminary Elements & Program Tests may be accommodated on a clubs regular practice session except Skill tests.

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| ➤ Senior Bronze (Elements) | 30 minutes which includes a 5 minute warm-up |
| ➤ Senior Bronze (Program) | 8 minutes which includes a 5 minute warm-up |
| ➤ Junior Silver (Elements) | 40 minutes which includes a 10 minute warm-up |
| ➤ Junior Silver (Program) | 8 minutes which includes a 5 minute warm-up |
| ➤ Senior Silver (Elements) | 45 minutes which includes a 10 minute warm-up |
| ➤ Senior Silver (Program) | 15 minutes which includes a 10 minute warm-up |
| ➤ Gold (Elements) | 45 minutes which includes a 10 minute warm-up |
| ➤ Gold (Program) | 15 minutes which includes a 10 minute warm-up |

In all cases very small warm up groups can be combined to a maximum of 6 candidates on the ice.

Skills Tests

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| ➤ Preliminary & Junior Bronze tests | 15 minutes including a 7 minute warm-up |
| ➤ Senior Bronze | 15 minutes including a 7 minute warm-up |
| ➤ Junior Silver | 15 minutes including a 7 minute warm-up |
| ➤ Senior Silver | 20 minutes including a 7 minute warm-up |
| ➤ Gold | 25 minutes including a 8 minute warm-up |

Dance Tests

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|--------------------------------|----------------------------------------------|
| ➤ Preliminary | 5 minutes which includes a 4 minute warm-up |
| ➤ Junior Bronze/Senior Bronze | 5 minutes which includes a 4 minute warm-up |
| ➤ Junior Silver /Senior Silver | 10 minutes which includes a 8 minute warm-up |
| ➤ Gold | 10 minutes which includes a 8 minute warm-up |

It is advisable to schedule high level tests directly after ice has been resurfaced.