

October 19, 2010

## Athlete Monitoring Program for 2010-2011

Skate Canada-Eastern Ontario Skating Development is pleased to announce its Athlete Monitoring program for the 2010-2011 skating season. The program's objectives are to provide our 2010-2011 BMO Eastern Challenge, BMO Junior & Senior Canadians and Trillium Cup, competitive skaters (Singles, Pair and Dance) with valuable developmental feedback and support strategies.

We have 2 (two) monitoring session options...

### **On-site Training**

Request should be made one to two weeks ahead of the desired monitoring session date to the EOS Technical Director, Greg Rochefort. Monitoring session should be at least two weeks prior to a competition event. We will send a monitor to your training venue or make arrangements to meet at an alternate location.

### **Competition Event**

Request should be made one to two weeks prior to the competition event. Monitoring will be done during the event and/or following the event. A recorded program can be submitted to the Technical Director for feedback following the event.

### **Who will monitor the skater?**

*We will make every effort to provide the skaters and coaches with the best possible monitoring feedback session by taking into consideration the skating discipline, event level and leveraging the expert knowledgeable resources available... Technical Director, Technical Controller, Technical Specialist, and Competitive Judge.*

Please send your monitoring request by email to Greg Rochefort, Technical Director at [technicaldirector@bellnet.ca](mailto:technicaldirector@bellnet.ca)

We would like to wish our skaters and coaches a very successful 2010-2011 skating season!

Yours in skating,

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