



FEBRUARY 6, 2012
STARSKATE CLINIC

ON ICE WITH JEFFREY BUTTLE



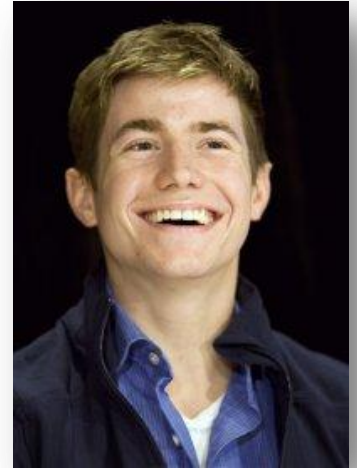
On-Ice Facilitator: Jeffrey Buttle

Website: <http://www.jeffreybuttle.com/>

Jeffrey Buttle burst onto the international scene in 2002 when he upset the favorites to win the ISU Four Continents Championships, a feat he repeated in 2004. He placed eighth in his Worlds debut, receiving great praise for his musicality and artistry. In 2005, he earned his first World Championships medal and in 2006 he was the leading skater on the Canadian Winter Olympic team, winning the bronze medal. World Championships gold was his in 2008 (the first Canadian man to win the title in 11 years), when two strong performances placed him on the top step of the podium.

Buttle has been skating since the age of 2 and competing since he was 6. He has divided his time between two training bases, working with Lee Barkell at the world-renowned Mariposa School Skating in Barrie, Ontario, and Raphael Arutunian at the Ice Castle International Training Center in Lake Arrowhead, Calif. He also spends time working with choreographer David Wilson at the Toronto Cricket, Skating and Curling Club. He has appreciated the willingness of all members of his training team to work collaboratively.

With a World title now to his credit, Buttle feels motivated to explore more innovative approaches to skating. On Sept. 10, 2008 he announced his retirement from competitive skating.



Off-Ice Facilitator: Fine Line Conditioning & Athletic Academy

Website: <http://www.flc1.com/>

Revolutionizing the Canadian Athletic Performance Training industry, FineLine Conditioning and Athletic Academy is designed to optimize every athlete's athletic potential. Open in October 2009, our holistic approach is informed by the methodology of Movement Performance Inc.; through this Fineline has the capacity to cater to all realms of athlete.

Partnering with a team of Physical Therapists, Fineline Conditioning has the ability to solve any athletic dysfunctions quickly! Our training methodology is centered on functional movement! Our programs are customized to each sport and athletic level.

Staff:

Brett Angel, Owner

Mark Ethier, Owner, (BSc (Comp Eng), MBA (Finance), Kin Cert)

Deano Milonas, Director of Performance (NCCP, FMS, SCC, SPI, PTS, CFES)

Scott Fraser, Physio Therapist (BSc P.E., BSc P.T., Certified Sports Physiotherapist)

Joy Benn, Physio Therapist (BSc P.T.)

Nutritionist: Ellie Steele

Website: <http://evolutionwellness.ca/>

Ellie Steele is a Registered Holistic Nutritionist, Certified Sports Nutrition Adviser and a Canadian Fitness Professional Personal Trainer Specialist with ten years of nutrition and wellness counseling experience. Ellie is the owner and operator of Evolution Wellness, a holistic health coaching practice specializing in helping her clients overcome food and weight obstacles in a multi-faceted, body, mind and spirit approach.

