

REGION 4 INTERCLUB



hosted by

Skate
Cornwall

February 18 & 19, 2012

At the Benson Centre

800 Seventh St. West, Cornwall, ON K6J 0A3

www.skatecanada.ca/skatecornwall

613.936.9290

Sanctioned by



General

This competition is being held under the current rules of the Skate Canada Official Rulebook (revised 2000) and any amendments, thereto, which became effective after that date. The nature of the Event is defined in the Skate Canada Technical Handbook. The Host Committee reserves the right to alter the overall procedures to be followed during any part of the competition, if such alteration is considered to be in the best interest of the skaters or the Association. The Technical Representative, Chief Referee, or Senior Referee present will be the agent of the Association in such an instance.

Eligibility

- All skaters must be eligible persons as defined in Skate Canada Rule Book Section 2100.
- All Skaters must be Associate members in good standing of the Association.
- All Skaters must be a member of one of the following figure skating clubs:

Athens FSC	Kemptville SC	Perth FSC	Spencerville SC
Brockville FSC	Lanark FSC	Prescott FSC	Vankleek Hill SC
Char-Lan SC	Long Sault SC	Rideau Lakes FSC	Winchester SC
Hawkesbury FSC	Morrisburg & District SC	Skate Cornwall	

- Competitors wishing to enter shall have passed the appropriate badges/test qualifications for relevant events by **January 1, 2012**
- All age requirements are as of **July 1, 2011**
- All skaters must be 18 years and under to compete in this event.
- Current certified Level Two and up Skate Canada Coaches are not permitted to compete at Interclub Events; however, Level One Skate Canada Coaches who are 18 years and under, and registered as an associate member with Skate Canada as well as a Certified Coach may compete.
- Skaters registered for Sectionals held in November 2011 at the Pre-Novice Level or higher must default to Open Level events. Pre-Juvenile and Juvenile competitors must default to their test equivalency or STARSkate test level, whichever is higher

Accidents/Liability

Skate Canada - Eastern Ontario, the Clubs/Organizers of any competition, and the Volunteer Team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries therein, all competitors and their parents, or guardians, shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, caused by or connected with the conduct and management of the competitions and to release any and all claims they may have against the officials, the Association, the Section, the Clubs/Organizers, and the Volunteer Team holding the competition and against their officers, and their entries shall be accepted only on these conditions. Skate Canada Rule 7000 B 1.11 will apply.

Club Contacts

Athens - Gib Knet - gbgold@ripnet.com
Brockville - Tricia Warden - riverrats@sympatico.ca
Char-Lan - Christina Martin - clskating@gmail.com
Skate Cornwall - Karin Touchette - karin.56@hotmail.com
Hawkesbury - Annie Paquette-Dubois - erikadu@sympatico.ca
Kemptville- Laurie Brown - laurie.brown@sympatico.ca
Lanark - Lisa Robinson - rlrobinson75@hotmail.com
Long Sault - Carolin Antoine - carolinantoine@sympatico.ca
Morrisburg & District - Julie Van Hoof - gjvanhoof@persona.ca
Perth - Hilary Machan - perthfsc@yahoo.ca
Prescott - Kim Squires – squires@bellnet.ca
Rideau Lakes - Barbara Reade - barbreade@gmail.com
Spencerville - Jason Gaudin - tribefan@sympatico.ca
Vankleek Hill - Janis Renwick - janis.renwick@champlain.ca
Winchester - Barb Menard - winchesterskatingclub@live.ca

Entry Forms

- Entry forms, including all required supporting documentation, must be completed in FULL or they will be returned unprocessed.
- Individual entry forms are to be accumulated by one point of contact designated by the participating club and submitted to **Skate Cornwall, Manon Migneault, registrar**
- All club entry packages must be received by **Manon Migneault (613.931.2983 - manonmigneault@bell.net)** with entry fees and supporting documentation where required, no later than **January 7, 2012** regardless of postmark or courier date.
- Faxed, emailed or telephone entries will NOT be accepted.

Entry Fees

- \$30.00 – 1st CanSkate / Introductory Singles Event
- \$20.00 – Each Additional CanSkate / Introductory Singles Event
- \$30.00 – Pairs Events (Similar Pairs, Shadow Dance & Shadow Skills)
- \$30.00 – Team Events
- \$10.00 – STARSkate Solo Spiral

- Entry fees are noted on and payable with the entry form.
- Post-dated cheques will NOT be accepted.
- Entry form(s), entry fees, and acceptable proof of age where relevant, must be received no later than **January 7, 2012**, regardless of postmark or courier date.
- Please make cheques payable to **Skate Cornwall** and mail it with completed entry forms to:

Skate Cornwall
c/o Manon Migneault
Benson Centre
800 Seventh St. West, Unit 2
Cornwall, ON K6J 0A3
613.931.2983
manonmigneault@bell.net

Returned Cheques

A \$ 25.00 administration fee will be applied to cheques returned by your bank. The amount of the returned cheque and the \$25.00 administration fee must be paid in cash or by a certified cheque, bank draft, money order or similar form of guaranteed payment prior to the skater being permitted to compete.

NOTE: No skater will be permitted to skate until all money owing, including fees for NSF cheques, are properly paid upon registration at the arena on the day of the competition.

Refunds and Withdrawals

Refunds will be given for any cancelled event(s) or if the entry is withdrawn prior to January 7, 2012

After January 7, 2012 refunds will be given for medical reasons only, providing the Competition Registrar is notified of the medical withdrawal prior to the start of the event and if the Registrar receives a medical certificate by March 30, 2012. An administration fee of \$25.00 per skater will be charged for medical withdrawals.

Event Specifications

- Skaters are permitted to “skate up” one level – they may enter an event one level above the level for which they are currently qualified. **Skaters may enter one of these levels but not both.**
- Entries will be accepted on a first come, first serve basis once all required information and fees have been received.
- Late entries will be accepted at the discretion of the Host Committee and the Technical Representative.
- If time permits, an exhibition skate may be allowed; 50% of the entry fee will be refunded if an exhibition skate is permitted.
- The Committee reserves the right to categorize flights & limit the number of entries in any event.

Cancellation of Events

- An event will be cancelled if only one skater has entered. Entry fees will be refunded if an event is cancelled.
- The Technical Representative and the Host Committee may combine two or more categories in the same event when each category has fewer than three entries or one category has insufficient entries to hold the event. In each case, the categories may only be combined with full prior knowledge and agreement of all competitors affected. However, male and female categories **cannot** be combined.

Protective Equipment – Helmet Policy

As of July 1st, 2011 Skate Canada issued a policy statement as follows “All Skate Canada member clubs and skating schools **must** ensure that participants up to and including Stage 5 wear a CSA approved hockey helmet while on the ice – this policy **must** be enforced during competitions”. Skaters will NOT be penalized for the use of helmets during competition.

Registration

- Skaters are to register at least one hour prior to the scheduled start of his/her event. Music (where applicable) must be registered at this time as well.
- The Host Committee reserves the right to start an event up to one-half hour prior to its’ scheduled start time.

Music

- Each skater is required to supply his/her own music.
- All music used must be in the public domain or covered by the performing rights societies.
- If a skater wishes to supply his/her music on a CD, the following directions should be followed:
 - Two copies of the CD must be supplied, each clearly marked with the skater’s name, category and whether it is the “master” or “copy”.
 - The selection of music must be an entire track on the CD. The operator of the music equipment will NOT be responsible for fading a selection in or out. There must only be ONE track on the CD. In case of unforeseen mishaps, it is strongly recommended that a backup copy of the music be supplied on a cassette tape.
- Skaters may pick up their music at the music registration desk one-half hour after completion of the event.

Coaches

All Coaches must be prepared to show and wear their Skate Canada photo ID.

Marking

Results will be determined using the One by One [OBO] system. Result sheets will NOT be available for sale.

Awards

- Medals and/or Ribbons will be presented in accordance with the regulations set out in the Skate Canada Event Management Handbook. Medals will NOT be awarded for exhibitions.
- Award presentations will take place at the **Benson Centre (in the arena hall off rink # 1)**. Presentation times will be posted on the day of the event.
- **Skaters must be in skating attire and skates for award presentations.**

Club Points

Club points will be awarded as follows:

NUMBER OF COMPETITORS/EVENT	1 st	2 nd	3 rd	4 th
2	2	1		
3	3	2	1	
4 OR MORE	5	3	2	1

General Admission

- Free Admission
- Programs - \$2.00

Camera & Video Policy

1. An authorized videotaping service will be available for the purchase of a DVD.
2. Ticket holders are permitted to use cameras or video cameras at an event for personal use ONLY. Taping of entire flights and/or events is not permitted. The camera's lens must not be larger than 200mm.
3. **STRICTLY PROHIBITED:**
 - Videotaping of complete events
 - Flash photography
 - Any resale of photography or videos by ticket holders

Media Policy

Individuals wishing to obtain appropriate accreditation should contact: **Karin Touchette** at karin.56@hotmail.com at least two (2) weeks prior to the event.

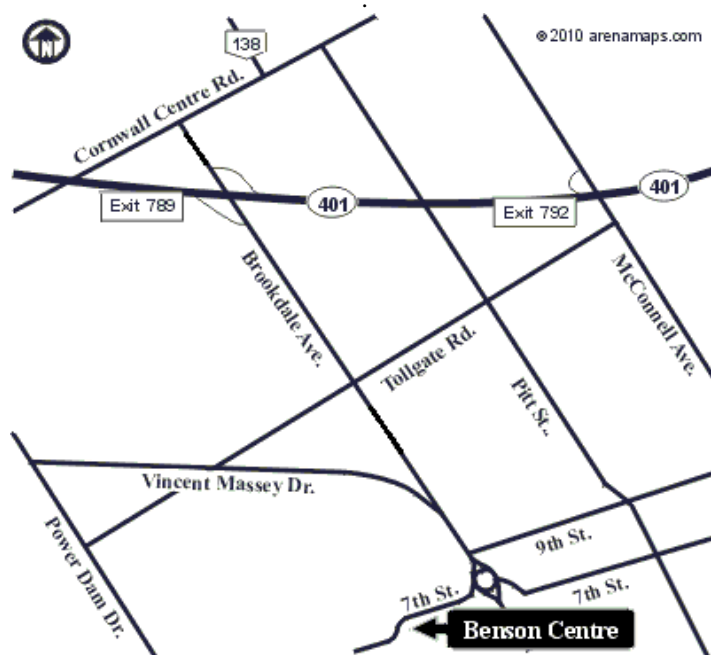
- Individuals will need prior approval to attend and photograph skaters at all EOS Sanctioned events. Individuals will be given access to the boards near the skaters' entry to the ice. Accredited individuals will NOT interfere with coach/skater communications during warm-up periods. Pictures of skater and/or coaches will NOT be allowed prior to or after the performance. Any written complaints of interference will result in the loss of accreditation for future events.
- The following is a guideline for approving accreditation:
- Individuals from News media must submit appropriate accreditation for review.
- An individual representing skating club parent must submit written permission from these parents with request
- Pictures of skaters will NOT be made available for sale.

General Information

Ice Dimensions: 200' x 85'

Registrar for this event: Manon Migneault - 613.931.2983 - manonmigneault@bell.net

Directions to Arena: Arena is located between Seventh Street and Second Street, just west of Brookdale Avenue



From Ottawa: Hwy-417 east approx. 59 km to Hwy-138 (exit 58). Proceed south on Hwy-138 approx. 34 km to Cornwall Centre Road. Turn right on Cornwall Centre Rd. and proceed west approx. 0.75 km to Brookdale Avenue. Turn left on Brookdale Ave. and proceed south approx. 4.5 km to roundabout (traffic circle). Enter the roundabout and take the first exit onto 7th St. West. Proceed west on 7th St. approx. 0.5 km to arena on the left.

From Kingston: Hwy-401 east approx. 412 km to Hwy-138/Brookdale Ave. (exit 789). Turn right on Brookdale Ave. and proceed south approx. 3.5 km to roundabout (traffic circle). Enter the roundabout and take the first exit onto 7th St. West. Proceed west on 7th St. approx. 0.5 km to arena on the left.

Hotel Accommodation:

Best Western Plus Parkway Inn & Conference Centre

1515 Vincent Massey Drive, Cornwall
613-932-0451 or 1-800-874-2595
Web site: www.bestwesterncornwall.com
E-Mail: info@bestwesterncornwall.com

First Canada Inns

1618 Vincent Massey Drive, Cornwall
613-936-0413 or 1-800-545-3689
Web Site: www.firstcanadainns.ca
E-Mail: relax@firstcanadainns.ca

Comfort Inn Cornwall

1625 Vincent Massey Drive, Cornwall
613-937-0111
1-800-4CHOICE (1-800-424-6423)
Website: www.comfortinncornwall.com
E-Mail: comfort@comfortinncornwall.com

Ramada Cornwall

805 Brookdale Ave., Cornwall, ON
613-933-8000 or 1-888-900-5762
Web Site: www.cornwallramada.com
E-Mail: info@cornwallramada.com

Econo Lodge

1142 Brookdale Avenue, Cornwall, ON
613-936-1996 or 1-800-553-2666
Web site: www.choicehotels.ca/cn063
E-Mail: econolodgecornwall@yahoo.com

Super 8 Cornwall

2694 Brookdale Ave, Cornwall, ON
613-932-8888 or 1-877-CORNWALL
Web site: www.super8cornwall.com
E-Mail: gm@super8cornwall.com

Competition Schedule

The competition schedule will be emailed to the participating clubs approximately two (2) weeks prior to the competition. A copy will be provided on the host club website www.skatecanada.ca/skatecornwall

Amenities Available:

- Wheelchair accessible parking, entrances and washrooms
- Canteen
- Flowers will be available for sale throughout the competition.
- On-site medal engraving
- Sales of skating apparel
- First Aid services
- Photography & Videotaping of skaters' events
- Raffle Table

CANSKATE SINGLES – ELEMENTS IN ISOLATION

For CanSkate Events the elements listed are compulsory. All skaters in each flight will be on the ice at the same time. Each skater in turn will perform each element in rotation with the other skaters in the order listed below. Coaches will be permitted to work with their skaters only during warm-up. No re-skates allowed.

<i>Event #</i>	<i>Level</i>	<i>Testing Prerequisites</i>	<i>Required Elements</i>
101	Elements – Stage 2	Must NOT have passed Stage 2	<ul style="list-style-type: none"> • Forward Glide (two feet to one foot) • Forward two-foot sculling • Two-foot jump • Two-foot spin
102	Elements – Stage 3	Must NOT have passed Stage 3	<ul style="list-style-type: none"> • Forward two-foot sculling • Backward glide (two feet to one foot) • Two-foot jump while gliding forward • Two-foot spin picking up alternating feet
103	Elements – Stage 4	Must NOT have passed Stage 4	<ul style="list-style-type: none"> • Two-foot jump forward to backward on a curve • Two foot sit spin • Backward glide on a curve (two feet to one-foot) • One-foot turn forward to backward (forward outside three turn)
104	Elements – Stage 5	Must NOT have passed Stage 5	<ul style="list-style-type: none"> • Forward power jump (bunny hop) • Forward one-foot spin (more than 1 rev.) • Forward spiral • Turning on a curve backward to forward changing feet (LBO-RFO or RBO-LFO, backward Mohawk)
105	Elements – Stage 6	Must NOT have passed Stage 6	<ul style="list-style-type: none"> • Turning on a curve forward to backward changing feet (forward Mohawk) • One foot backspin • Rotating power jump (Waltz jump) • Backward cross-cuts in a figure 8 pattern
106	Elements - Introductory	Must NOT have passed any complete Skate Canada Test or any part of the Preliminary FreeSkate Test	<ul style="list-style-type: none"> • Salchow • Backward outside full edges • Backward Spiral • Forward one-foot spin with backward crosscut entry (minimum two (2) rotations).

CANSKATE PROGRAM FORMAT ELEMENTS

Movements are confined to those listed and can be done in any order. Movements must be continuous using connecting moves necessary to link the various elements. No music will be used. Judging will be based on technical merit only. If necessary, only half the ice surface will be used and these events will be double-paneled. Maximum time for the completion of the required elements is 1 minute. Coaches may work with their skaters during the warm-up. Skaters will be divided into age categories when numbers warrant.

<i>Event #</i>	<i>Event Name</i>	<i>Test Pre-Requisites</i>	<i>Description</i>
201	Stage 4 - Individual Elements	Must NOT have passed Stage 4	<ul style="list-style-type: none"> • Two-foot jump forward to backward on a curve • Two foot sit spin • Backward glide on a curve (two feet to one-foot) • One-foot turn forward to backward (forward outside three turn)
202	Stage 5 - Individual Elements	Must NOT have passed Stage 5	<ul style="list-style-type: none"> • Forward to backward 3 turn (edge optional) • Forward spiral • Forward power jump • Forward one-foot spin
203	Stage 6 - Individual Elements	Must NOT have passed Stage 6	<ul style="list-style-type: none"> • Turning on a curve forward to backward changing feet (edge optional, Mohawk) • Forward one-foot spin • Rotating power jump (Waltz jump) • Forward Crosscuts
204	Introductory Individual Elements "A" age nine & under	Must NOT have passed any complete Skate Canada Test or any part of the Preliminary FreeSkate Test.	<ul style="list-style-type: none"> • Waltz jump • Toe Loop • One-foot spin (forward) • Forward spiral
205	Introductory Individual Elements "B" age ten and over	Must NOT have passed any complete Skate Canada Test or any part of the Preliminary FreeSkate Test.	<ul style="list-style-type: none"> • Waltz jump • Toe Loop • One-foot spin (forward) • Forward spiral

CANSKATE TEAM ELEMENTS

This event is to help encourage participation at all levels of recreational skating. Coaches may only work with skaters during the warm up. A team shall consist of a minimum of 2 skaters. Each skater is required to perform one element, all four must be performed.

<i>Event #</i>	<i>Event Name</i>	<i>Qualifications</i>	<i>Required Elements</i>
301	Team Elements Stage 2	Must NOT have completed the Stage 2 CanSkate Badge	<ul style="list-style-type: none"> • Forward Glide (two feet to one foot) • Forward two foot sculling • Two foot jump • Two foot spin
302	Team Elements Stage 3	Must have completed Stage 2 CanSkate Badge but NOT Stage 3	<ul style="list-style-type: none"> • Forward two foot sculling • Two foot jump gliding forward • Backward glide (two foot to one foot) • Two foot spin picking up alternate feet
303	Team Elements Stage 4	Must have completed Stage 3 CanSkate Badge but NOT Stage 4	<ul style="list-style-type: none"> • Two-foot jump while gliding backwards (remain backwards) • One foot turn forward to backward (forward outside three turn) • Backward one-foot glide • Two foot spin picking up alternating feet
304	Team Elements Stage 5	Must have completed Stage 4 CanSkate Badge but NOT Stage 5	<ul style="list-style-type: none"> • Two foot jump forwards to backwards and backwards to forward • Forward one-foot spin • Forward spiral • Forward two foot side stop
305	Team Elements Stage 6	Must have completed the Stage 5 CanSkate Badge but NOT Stage 6	<ul style="list-style-type: none"> • Backwards spiral • One foot side stop • Rotating power jump (Waltz jump) • Forward cross-cuts in a circle (1 full circle)
306	Team Elements Introductory "A" age nine & under	Must NOT have passed any complete Skate Canada Test or any part of the Preliminary FreeSkate Test	<ul style="list-style-type: none"> • Waltz jump • Upright 1 foot spin • Forward spiral • Toe loop/toe loop jump combination
307	Team Elements Introductory "B" age ten and over	Must NOT have passed any complete Skate Canada Test or any part of the Preliminary FreeSkate Test	<ul style="list-style-type: none"> • Waltz jump • Upright 1 foot spin • Forward spiral • Toe loop/toe loop jump combination

CANSKATE SIMILAR PAIRS

CanSkate Similar pair teams may consist of either two females, two males or a male/female mix. Both skaters must be of the same test criteria or one may be one test lower but NOT higher. Skaters may choose their own music instrumental or vocal. No lifts permitted.

<i>Event #</i>	<i>Event Name</i>	<i>Description</i>	<i>Program Length</i>
401	Stage 5 Similar Pairs	Must NOT have passed Stage 5	1 minute
402	Stage 6 Similar Pairs	Must NOT have passed Stage 6	1 minute
403	Introductory Similar Pairs	Skaters must NOT have passed any complete Skate Canada test or any part of the Preliminary FreeSkate test.	1 minute

CANSKATE INDIVIDUAL SPIN & SPIRAL

CanSkate and Introductory event entrants must NOT have passed any complete Skate Canada test or any part of the Preliminary FreeSkate test. Spiral is to be performed first followed by the spin identified for each category.

<i>Event #</i>	<i>Event Name</i>	<i>Description</i>
501	Stage 4	Forward Spiral (either foot) followed by two foot Sit spin, 2 rotations.
502	Stage 5	Forward Spiral (either foot) followed by one foot Upright Spin, at least 2 rotations.
503	Stage 6	Forward Spiral (either foot) followed by Backward one-foot spin, 2 rotations
504	Introductory "A"	Right foot Forward Spiral followed by Sit spin, 3 rotations.
505	Introductory "B"	Left foot Forward Spiral followed by Camel spin, 3 rotations.

STARSKATE SIMILAR PAIRS

STARSkate Similar pair teams may consist of either two females or two males in separate events. Skaters may choose their own music, instrumental or vocal. Program should contain FreeSkating elements. Judges will be looking for unison, timing, and difficulty of moves, close position of partners, footwork, and flow and ice usage. Skaters may skate in one category only. Both skaters must be of the same test criteria or one may be one test lower. Vocal music is encouraged.

NOTE: No overhead lifts, no lifts where either partner is held upside down or illegal moves i.e., backflips, somersaults, laying on the ice or any movement between partners or of either partner that results in having a skaters blades leave the ice. Should this occur, it may result in a Club's disqualification from Interclub or loss of points.

<i>Event #</i>	<i>Event Name</i>	<i>Description</i>	<i>Program Length</i>
601	Pre-Preliminary Similar Pairs	Skaters must NOT have passed the complete Preliminary FreeSkate test.	1.5 minutes
602	Preliminary Similar Pairs	Skaters must have passed the complete Preliminary FreeSkate test, but no higher complete test	1.5 minutes
603	Jr. Bronze Similar Pairs	Skaters must have passed the complete Jr. Bronze FreeSkate test, but no higher complete test	1.5 minutes
604	Sr. Bronze Similar Pairs	Skaters must have passed the complete Sr. Bronze FreeSkate test, but no higher complete test	2 minutes
605	Jr. Silver Similar Pairs	Skaters must have passed the complete Jr. Silver FreeSkate test, but no higher complete test	2 minutes
606	Sr. Silver Similar Pairs	Skaters must have passed the complete Sr. Silver FreeSkate test, but no higher complete test	2 minutes
607	Open Similar Pairs	No restrictions.	2 minutes

STARSKATE SHADOW DANCE

No age or gender restrictions. Two skaters per team skating side by side or one behind the other, with no contact (synchronized dancing). Both must skate either the ladies or man's steps – their choice. No holds permitted. Each team will complete only 2 patterns. Skaters may choreograph a beginning and an end. Skate Canada Series 8 music will be used.

<i>Event #</i>	<i>Event Name</i>	<i>Description</i>	<i>Dance</i>
701	Pre-Preliminary Shadow Dance	Neither two skaters to have passed the complete Preliminary Dance Test.	Canasta
702	Preliminary Shadow Dance	Two skaters must have passed the complete Preliminary Dance Test but no higher complete dance test.	Fiesta
703	Jr. Bronze Shadow Dance	Two skaters must have passed the complete Jr. Bronze Dance Test but no higher complete dance test.	Fourteen Step
704	Sr. Bronze Shadow Dance	Two skaters must have passed the complete Sr. Bronze Dance Test but no higher complete dance test.	Keat's Foxtrot
705	Jr. Silver Shadow Dance	Skaters must have passed the complete Jr. Silver Dance Test but no higher complete dance test.	Killian
706	Open Shadow Dance	No restrictions.	Quickstep

STARSKATE SHADOW SKILLS

Pairs may consist of either two females, two males or a male and a female. No age restrictions apply, no holds permitted. Music will NOT be used.

<i>Event #</i>	<i>Name of Event</i>	<i>Qualifications</i>	<i>Skill to be Skated</i>
801	Pre-Preliminary Shadow Skills	Neither of the two skaters to have passed the Preliminary Skills Test.	Waltzing Threes
802	Preliminary Shadow Skills	Both skaters to have passed the Preliminary Skills Test but no higher skills test.	Threes and Power Mohawks
803	Junior Bronze Shadow Skills	Both skaters to have passed the Junior Bronze Skills Test but no higher skills test.	Forward Brackets
804	Senior Bronze Shadow Skills	Both skaters to have passed the Senior Bronze Skills Test but no higher skills test.	Flying Choctaws
805	Junior Silver Shadow Skills	Both skaters to have passed the Junior Silver Skills Test but no higher skills test.	Rockers and Choctaws
806	Open Shadow Skills	Both skaters to have passed the Senior Silver Skills Test or higher.	Counters & Three Change Threes

STARSKATE TEAM SPIRAL

Four skaters (no more, no less) perform a spiral as a team. Skaters must be joined together by some kind of hold. Points will be awarded for length of time in spiral position, originality, speed and style. Props are NOT allowed; no re-skates after position has been obtained. Spirals may be on any edge, forwards or backwards and a variety of spirals among skaters is permitted; however, changes to position are NOT permitted once the position has been obtained.

<i>Event #</i>	<i>Name of Event</i>	<i>Qualifications</i>
901	Beginner Team Spiral	All skaters must have passed at least part of the Preliminary FreeSkate test.
902	Intermediate Team Spiral	All skaters must have passed the complete Junior Bronze FreeSkate test but no higher
903	Open Team Spiral	All skaters must have passed the complete Senior Bronze FreeSkate test or above.

STARSKATE SOLO SPIRAL

Elements will be done in isolation. Coaches are permitted to work with their skaters during the warm up only. Forward Spiral must be skated. Skaters will use the whole ice surface. These events are judged on length of time in position. **No re-skates.**

<i>Event #</i>	<i>Event Name</i>	<i>Qualifications</i>	<i>Description</i>
1001	Pre-Preliminary	Skaters must NOT have passed any complete Skate Canada test.	When the raised leg attains position.
1002	Preliminary	Skaters must NOT have passed the complete Junior Bronze FreeSkate test.	When the raised skate drops below the knee, the spiral is considered complete.
1003	Junior Bronze	Skaters must NOT have passed the complete Senior Bronze FreeSkate test.	When the raised skate drops below the hip, the spiral is considered complete.
1004	Open	No test restrictions.	When the raised skate drops below the hip, the spiral is considered complete.

STARSKATE TEAM SPINS

- A team is composed of **two to four** members, teams may be mixed (male and female skaters)
- Skaters are allowed to skate up one level.
- Each member of the team executes his/her designated spin only once. For a team with two to three skaters, some skaters will need to execute two or more spins.

Procedure: Five minute warm-up

- Announcer – one-minute warm-up – **“Stroking Only” (must be enforced)**
- Announcer – skaters return to the boards
- Referee on the Boards - has skaters warm-up- the first Element – one-minute – return to boards
- Repeat for the second, third and fourth Elements.
- Competition portion – controlled by Referee at Boards

<i>Event #</i>	<i>Name of Event</i>	<i>Qualifications</i>	<i>Spins</i>
1101	Pre-Preliminary	For skaters who have NOT passed the complete Preliminary FreeSkate Test.	<ul style="list-style-type: none"> • Forward one foot upright spin • Backward one foot upright spin • Sit spin • Camel spin
1102	Preliminary	For skaters who have passed no higher than the complete Preliminary FreeSkate Test.	<ul style="list-style-type: none"> • Forward one foot upright spin • Backward one foot upright spin • Sit spin • Camel/sit spin
1103	Junior Bronze	For skaters who have passed no higher than the complete Junior Bronze FreeSkate Test.	<ul style="list-style-type: none"> • Forward one foot upright spin • Sit spin • Camel/sit spin • Flying camel spin
1104	Senior Bronze	For skaters who have passed no higher than the complete Senior Bronze FreeSkate Test.	<p><i>NOTE: Number of rotations required is 3</i></p> <ul style="list-style-type: none"> • Backward one foot upright spin • Camel spin • Sit change sit spin • Flying Camel/back sit spin
1105	Open	For skaters who have passed the complete Junior Silver FreeSkate Test or higher.	<ul style="list-style-type: none"> • Layback or sideways leaning spin (4 rotations) • Camel Change Camel spin (5 rotations) • Flying Sit (5 rotations) • Combination spin - (5 rotations on each foot, minimum 2 rotations in each position, 3 positions, 1 change of foot)

STARSKATE TEAM ELEMENTS

- A team is composed of **two to four** members, teams may be mixed (male and female skaters)
- Skaters are allowed to skate up one level.
- Each member of the team executes his/her designated element only once. For a team with two to three skaters, some skaters will need to execute two or more elements.

Procedure: Five minute warm-up

- Announcer – one-minute warm-up – **“Stroking Only” (must be enforced)**
- Announcer – skaters return to the boards
- Referee on the Boards - has skaters warm-up- the first Element – one-minute – return to boards
- Repeat for the second, third and fourth Elements.
- Competition portion – controlled by Referee at Boards

<i>Event #</i>	<i>Name of Event</i>	<i>Qualifications</i>	<i>Elements</i>
1201	Pre-Preliminary	For skaters who have NOT passed the complete Preliminary FreeSkate Test.	<ul style="list-style-type: none"> • Waltz jump • Salchow • Toe-loop/toe-loop combination • Forward spiral
1202	Preliminary	For skaters who have passed no higher than the complete Preliminary FreeSkate Test.	<ul style="list-style-type: none"> • Loop • Flip • Salchow/toe-loop combination • Forward spiral
1203	Junior Bronze	For skaters who have passed no higher than the complete Junior Bronze FreeSkate Test.	<ul style="list-style-type: none"> • Split jump • Axel • Flip/loop combination • Backward spiral
1204	Senior Bronze	For skaters who have passed no higher than the complete Senior Bronze FreeSkate Test.	<ul style="list-style-type: none"> • Axel • Double Salchow • Lutz/loop combination • Field Movement sequence (a sequence of 2 moves chosen by the skater)
1205	Open	For skaters who have passed the complete Junior Silver FreeSkate Test or higher.	<ul style="list-style-type: none"> • Double Toe Loop or Double Salchow • Double Loop or Double Flip • Jump combination (2 jumps of at least one rotation, the second jump must be a double) • Step sequence (one step sequence using full length or width of ice – optional pattern)

THEATRE ON ICE (CARNIVAL SHOWCASE)

A creative program is skated which can employ elaborate costumes and props to illustrate a theme, tell a story, or interpret the music. Group routines are intended to be entertaining.

- This event is a carnival number featuring group skating.
- Groups must have a minimum of 4 skaters and a maximum of 10 skaters.
- All participants must wear skates.
- Groups must provide their own music.
- Vocal music is permitted.
- Costumes and hand props are permitted
- Warm up will be 3 minutes for each team and any props must be set up in that warm up time.
- This event is judged on its entertainment value.
- **No jumps of more than one rotation. No Lifts. No Throws!**
- Skaters may participate on one team only.
- Skaters are allowed to skate up one level. No test restrictions.

<i>Event #</i>	<i>Name of Event</i>	<i>Qualifications</i>	<i>Program Length</i>
1301	Level 1	Introductory up to and including Preliminary	2 minutes
1302	Level 2	Junior Bronze and Senior Bronze	2 minutes
1303	Level 3	Junior Silver and Gold	2.5 minutes