



NCCP Instruction Intermediate - Intermediate STARSkate Coach

Entry prerequisites:

Coaches must be Primary STARSkate coach trained or certified

Requirements for Intermediate STARSkate/provincial coach (ISPC) trained:

1. Complete the ISPC home study guide
2. Attend the ISPC sport science course and complete the required workbook
3. Attend the ISPC stroking & skating skills course and complete the required workbook
4. Attend the ISPC singles course and complete the required workbook
5. Attend the ISPC dance course and complete the required workbook
6. Attend the ISPC pairs & synchronized skating course and complete the required workbooks

Requirements for Intermediate STARSkate coach evaluated and certified:

Prerequisite: must have an ISPC trained status

1. Video lessons
 - Submit one technical video lesson with a lesson plan at the senior bronze or junior silver STARSkate level and;
 - Submit one stroking or skating skills video lesson with a lesson plan at the senior bronze or junior silver STARSkate level.
2. Video analysis and music CD:
 - Submit a video analysis and music CD of a skater whose program you have designed or choreographed at the senior bronze or junior silver STARSkate level
3. Have skaters pass intermediate STARSkate tests **OR** complete the mentorship program.
4. Must complete the Make Ethical Decision (MED) on-line evaluation at www.coach.ca

Summary:

1. ISPC Trained (home study + five courses and workbooks)
2. Intermediate STARSkate coach evaluated (trained status + two video lessons, a video analysis and tests passed or mentorship program)
3. Intermediate STARSkate coach certified (evaluated status + MED)

For course information details, please contact your **section course administrator**.