



## **FIRST AID CERTIFICATION POLICY**

The St. John's Ambulance and Red Cross courses continue to be the preferred first aid courses. However, in extenuating circumstances (most commonly geographical limitations or job-related courses) other first aid courses may be considered for approval by the Skate Canada Coaching and Skating Programs Department and consequently be submitted for the purposes of certification and accreditation.

Courses other than St. John's Ambulance or Red Cross must satisfy the following five criteria in order to be approved:

- The course must be a minimum of seven hours in length;
- The course must have an expiry of three years or less;
- The course must include a written test;
- The course must incorporate a practical component (e.g. slings, splints, etc.)
- The course must be emergency related.

### **First Aid for Health Care Professionals**

Coaches who are an active member of a group of licensed health care professionals (e.g. fire fighters, nurses, chiropractors, physiotherapists, police, athletic therapists, etc.) are not required to complete an additional first aid course for the purposes of certification and accreditation. The Coaching and Skating Programs Department will investigate these requests as they arise in order to determine if the coach's previous first aid training does in fact meet the minimum criteria. These individuals must provide proof of their current employment license and/or certificate outlining the expiry date when submitting their Skate Canada Professional Coaching Membership form.

### **Approved First Aid Courses:**

St. John's Ambulance	Red Cross	CSST (Québec)
Réjean Canuel (Saguenay/Lac St-Jean)	Emergency First with CPR	Critical Care – First Minutes
Vital Signs	Consultant CAMI	Emergency Care
EMP Canada Medic FA	Sports Medicine Council AB's Athletic FA	SK Sports Medicine & Science Council Sport FA
Sport Med BC	Lifesaving Society	National Lifeguard
First Aid in the workplace	Lifesaver 101	Level A – Heart Beat Inc

***Coaches must include a copy of their First Aid Certificate when submitting their Skate Canada Coaching Registration.***